

# 2026 IRC Spring & Summer Events

## Monday, Jan. 26 - Friday, Jan. 30

44th Move United Catalyst Sports  
Learn to Ski/Snowboard  
Beech Mountain  
Beech Mt. Ski Resort, NC

## Thursday, Feb. 5

Wheelchair Basketball  
Christenberry Center  
Knoxville Parks & Recreation  
6 to 8 p.m.

## Saturday, Feb. 7

Covenant Health Kids Run  
Knoxville Zoo  
8 to 10 a.m.

## Saturday, Feb. 7

Adaptive Climbing  
Catalyst Sports  
River Sports Climbing Center  
10 a.m. to Noon

## Thursday, Feb. 12

Wheelchair Basketball  
Christenberry Center  
Knoxville Parks & Recreation  
6 to 8 p.m.

## Thursday, Feb. 19

Power Soccer  
Christenberry Center  
Knoxville Parks & Recreation  
6 to 8 p.m.

## Saturday, Feb. 21

Catalyst Sports MTB Cycling  
Baker Creek's Trail  
10 a.m. to Noon

## Thursday, Feb. 26

Power Soccer  
Christenberry Center  
Knoxville Parks & Recreation  
6 to 8 p.m.

## Saturday, March 7

Catalyst Sports Adaptive  
Climbing  
River Sports Climbing Center  
10 .m. to Noon.

## Thursday, March 12

Power Soccer  
Christenberry Center  
Knoxville Parks & Recreation  
6 to 8 p.m.

## Thursday, March 19

Wheelchair Basketball  
Christenberry Center  
Knoxville Parks & Recreation  
6 to 8 p.m.

## Saturday, March 21

Catalyst Sports MTB Cycling  
Baker's Creek's Trail  
10 a.m. to Noon

## Thursday, March 26

Wheelchair Basketball  
Christenberry Center  
Knoxville Parks & Recreation  
6 to 8 p.m.

## Saturday, April 4

Catalyst Sports  
River Sports Climbing Center  
10 a.m. to Noon

## Thursday, April 9

Power Soccer  
Christenberry Center  
Knoxville Parks & Recreation  
6 to 8 p.m.

## Saturday, April 11

Covenant Health  
Knoxville Marathon  
Kids Run 5:30 to 7 p.m.  
5K Run 7 to 8 p.m.

## Sunday, April 12

Covenant Health  
Knoxville Marathon  
Handcycling & Road Racing

*The IRC holds the right to cancel events due to safety concerns such as changes in the weather.*

*Dates are subject to change due to resources and weather.*

*All events have limited registration. We work on a first come first serve basis and take reservations beginning two weeks prior to an event. Some activities require clearance from a physician to participate due to the nature of the event for safety reasons.*

### IRC Event Registration Contact:

Al Kaye at 865-331-1353 or [akaye@covhlth.com](mailto:akaye@covhlth.com)

### Power Soccer in Christenberry Center Registration Contact:

[dalexander@knoxvilletn.gov](mailto:dalexander@knoxvilletn.gov) or 865-687-6321

### Move United Chapter Catalyst Sports

[catalystsports.org/knoxville](http://catalystsports.org/knoxville)



# 2026 IRC Spring & Summer Events

## April 12 - 17

Camp Koinonia  
Handcycling

## Friday, April 17

Power Soccer  
Christenberry Center  
Knoxville Parks & Recreation  
6 to 8 p.m.

## Saturday, April 18

Catalyst Sports MTB Cycling  
Baker Creek's Trail  
10 a.m. to Noon

## Saturday, May 2

Catalyst Sports Adaptive  
Climbing  
River Sports Climbing Center  
10 .m. to Noon.

## Thursday, May 7

Wheelchair Basketball  
Christenberry Center  
Knoxville Parks & Recreation  
6 to 8 p.m.

## Thursday, May 14

Wheelchair Basketball  
Christenberry Center  
Knoxville Parks & Recreation  
6 to 8 p.m.

## Saturday, May 16

Catalyst Sports MTB Cycling  
Baker Creek's Trail  
10 a.m. to Noon

## Saturday, June 6

Water Sports Day  
Douglas Lake Ward Point  
10 a.m. to 4 p.m.

## Saturday, June 6

Catalyst Sports Adaptive  
Climbing  
River Sports Climbing Center  
10 a.m. to Noon.

## Saturday, June 20

Water Skiing Fun  
Festival of Friends  
Lenoir City Park

## Saturday, July 11

Adventure Amputee Kids Camp  
Fontana Lake

## Saturday, Aug. 1

SPARC Sports Festival  
Soddy Daisy

## Monday, Aug. 10

Regal Cinemas  
Patricia Neal Golf Classic  
Holston Hills Country Club  
Knoxville

## Saturday, Aug. 15

Water Sports Day  
Kingston City Parks &  
Recreation

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