



This Too Shall Pass

The phrase "This too shall pass" is a timeless reminder that all circumstances, whether good or bad, are temporary. Rooted in ancient wisdom, it reflects the transient nature of human experience. For leaders, this perspective is vital, as it helps maintain emotional balance during both periods of crisis and success. When faced with setbacks, understanding that difficulties are temporary encourages resilience. Conversely, during times of prosperity, the same phrase can ground leaders in humility, preventing arrogance or complacency.

Strong leadership is often tested during adversity, and it is in these moments that the idea of impermanence becomes most powerful. Leaders who internalize "This too shall pass" are better equipped to remain calm, think strategically, and inspire hope in others. Rather than being paralyzed by fear or overwhelmed by chaos, they focus on long-term vision, knowing that the storm will eventually subside. This stability becomes a source of strength for teams and organizations navigating uncertainty.

Moreover, the phrase encourages adaptability, a hallmark of effective leadership. By accepting that change is inevitable, strong leaders stay flexible and open to innovation. They don't cling to outdated methods or dwell on past mistakes; instead, they learn, pivot, and move forward. This mindset not only fosters personal growth but also cultivates a culture of resilience and continuous improvement within their organizations.

Ultimately, "This too shall pass" serves as a guiding principle for strong leaders by reinforcing emotional intelligence, humility, and perseverance. It serves as a reminder to lead with perspective and avoid overreacting to crises or becoming complacent in success. In doing so, environments are created where people feel supported, understood, and motivated, even amid uncertainty. It is this steady, forward-looking presence that defines truly impactful leadership.

- **Hunter Ryan**, Member of the 2025 Emerging Leaders Cohort