FLEXIBLE SIGMOIDOSCOPY: PREPARATION INSTRUCTIONS

YOU HAVE BEEN SCHEDULED FOR A DIAGNOSTIC PROCEDURE CALLED
FLEXIBLE SIGMOIDOSCOPY TO BE PERFORMED ON:

_____ AT _____ ARRIVAL TIME _____

YOU WILL NEED TO REPORT TO: _____ PARKWEST HOSP. ADMITTING

_____ FT. LOUDON HOSP. REGISTRATION (ER/Reg)

LATE ARRIVALS MAY RESULT IN UP TO A TWO-HOUR DELAY FOR YOUR PROCEDURE.

PRE-PROCEDURE INSTRUCTIONS: YOU WILL NEED TO FOLLOW THESE DIRECTIONS
TO CLEANSE THE LOWER PORTION OF YOUR COLON:

1. **EAT LIGHTLY THE EVENING BEFORE AND TAKE NOTHING BY MOUTH AFTER
   MIDNIGHT THE NIGHT PRIOR TO OR THE MORNING OF YOUR PROCEDURE.**

2. **YOU WILL NEED TO PURCHASE 2 FLEETS TAP WATER ENEMAS FROM YOUR
   PHARMACY.**

   - ON THE MORNING OF THE PROCEDURE, YOU WILL USE THE FLEETS ENEMAS. ALLOW 1 HOUR
     BETWEEN ENEMAS AND 1 HOUR BEFORE YOU TRAVEL.

3. **MEDICATIONS:**
   - IF YOU HAVE SPECIFIC MEDICAL PROBLEMS SUCH AS SEVERE HIGH BLOOD PRESSURE OR ANGINA, YOU
     MAY TAKE YOUR MORNING MEDICATION WITH A SMALL SIP OF WATER EARLY ON THE DAY OF YOUR
     TEST. IF YOU HAVE ANY QUESTIONS REGARDING OTHER MEDICATIONS PLEASE CALL THE OFFICE.

MEDICATIONS TO STOP PRIOR TO PROCEDURE

7 DAYS PRIOR:	**7 DAYS PRIOR:**	**5 DAYS PRIOR:**	**3 DAYS PRIOR:**	**2 DAYS PRIOR:**
Trulicity	Aspirin	Iron Supplements	Pradaxa	Ibuprofen
Ozempic	Effient	Coumadin	Eliquis	Naproxen
Mounjaro	Fish Oil	Warfarin	Savaysa	Meloxicam
Bydureon bcise		Brilinta	Xarelto	Anti-inflammatory
Byetta		Plavix		
Victoza, Saxenda				
Adlyxin				
Rybelsus				

IF YOU NEED TO TAKE ANTIBIOTICS OR IF YOU HAVE A PROSTHETIC HEART VALVE, PLEASE CONTACT
THE OFFICE IMMEDIATELY.

4. **BRING SOMEONE ALONG WITH YOU TO DRIVE YOU HOME.**
   - YOU WILL BE SEDATED BEFORE THE EXAMINATION. WHILE MOST OF THE EFFECTS OF THE MEDICINE
     WILL WEAR OFF PRIOR TO YOUR DISCHARGE, WE CANNOT LET YOU LEAVE UNACCOMPANIED. YOU
     WILL NOT BE ABLE TO DRIVE A CAR THE REMAINDER OF THE DAY.

IF YOU HAVE ANY QUESTIONS OR HAVE AN EMERGENCY ON THE DAY OF YOUR EXAM SUCH
THAT IT MUST BE RESCHEDULED, PLEASE CALL THE OFFICE AT 865-539-5372 OPTION 2.

PLEASE LEAVE ALL VALUABLES AT HOME
(OVER)