

**ERCP: PREPARATION INSTRUCTIONS**

YOU HAVE BEEN SCHEDULED FOR A DIAGNOSTIC PROCEDURE CALLED AN  
**ENDOSCOPIC RETROGRADE CHOLANGIOPANCREATOGRAPHY (ERCP)** TO BE PERFORMED ON

\_\_\_\_\_ AT \_\_\_\_\_ ARRIVAL TIME \_\_\_\_\_

YOU WILL NEED TO REPORT TO \_\_\_\_\_ PARKWEST HOSP. ADMITTING  
\_\_\_\_\_ FT. LOUDON HOSP. REGISTRATION (ER/REG DESK)

LATE ARRIVALS MAY RESULT IN UP TO A 2-HOUR DELAY FOR YOUR PROCEDURE.

**PRE-PROCEDURE INSTRUCTIONS:**

1. ON \_\_\_\_\_, YOU MAY HAVE A CLEAR LIQUID BREAKFAST BUT NOTHING TO EAT OR DRINK AFTER 10:00AM.
2. **MEDICATIONS:**
  - IF YOU HAVE SPECIFIC MEDICAL PROBLEMS SUCH AS SEVERE HIGH BLOOD PRESSURE OR ANGINA, YOU MAY TAKE YOUR MORNING PILLS WITH A SMALL SIP OF WATER EARLY ON THE DAY OF YOUR TEST. IF YOU HAVE ANY QUESTIONS REGARDING OTHER MEDICATIONS PLEASE CALL THE OFFICE.

**7 DAYS PRIOR:**

Trulicity  
Ozempic  
Mounjaro  
Bydureon bcise  
Byetta  
Victoza, Saxenda  
Adlyxin  
Rybelsus

**MEDICATIONS TO STOP PRIOR TO PROCEDURE****7 DAYS PRIOR:**

Aspirin  
Effient  
Fish Oil

**5 DAYS PRIOR:**

Iron Supplements  
Coumadin  
Warfarin  
Brilinta  
Plavix

**3 DAYS PRIOR:**

Pradaxa  
Eliquis  
Savaysa  
Xarelto

**2 DAYS PRIOR:**

Ibuprofen  
Naproxen  
Meloxicam  
Anti-inflammatory

IF YOU NEED TO TAKE ANTIBIOTICS OR IF YOU HAVE A PROSTHETIC HEART VALVE, PLEASE CONTACT THE OFFICE IMMEDIATELY.

**3. BRING SOMEONE ALONG WITH YOU TO DRIVE YOU HOME.**

YOU WILL BE SEDATED BEFORE THE EXAMINATION. WHILE MOST OF THE EFFECTS OF THE MEDICINE WILL WEAR OFF PRIOR TO YOUR DISCHARGE, WE CANNOT LET YOU LEAVE UNACCOMPANIED. YOU WILL NOT BE ABLE TO DRIVE A CAR THE REMAINDER OF THE DAY.

IF YOU HAVE ANY QUESTIONS OR HAVE AN EMERGENCY ON THE DAY OF YOUR EXAM SUCH THAT IT MUST BE RESCHEDULED, PLEASE CALL THE OFFICE AT 865-539-5372 OPT 2.

**PLEASE LEAVE ALL VALUABLES AT HOME**

# **CLEAR LIQUID DIET**

## **DAY BEFORE PROCEDURE**

TEA (decaffeinated or regular)  
BLACK COFFEE (NO CREAMER/MILK)  
CARBONATED BEVERAGES (clear or light colored only)  
FRUIT FLAVORED DRINKS  
GREEN TEA  
LEMONADE  
GATORADE (NO RED OR PURPLE)  
POWERADE (NO RED OR PURPLE)  
WATER  
  
BOUILLION (BEEF OR CHICKEN)  
  
JELL-O (NO RED OR PURPLE)  
POPSICLE (NO RED OR PURPLE)  
  
SUGAR  
HONEY  
SYRUP  
HARD CANDY (NO RED OR PURPLE)  
SALT

## **4 DAY PRE-PROCEDURE DIET—FOODS ALLOWED**

MEAT—FISH, CHICKEN, PORK, TURKEY AND GROUND BEEF  
PASTA—NO RED SAUCE  
WHITE RICE  
DAIRY—CHEESE, MILK, PLAIN YOGURT  
EGGS  
WHITE BREAD