

## EGD: PREPARATION INSTRUCTIONS – DR. BENITEZ

YOU HAVE BEEN SCHEDULED FOR A DIAGNOSTIC PROCEDURE CALLED

**ESOPHAGOGASTRODUODENOSCOPY (EGD)** TO BE PERFORMED ON:

\_\_\_\_\_ AT: \_\_\_\_\_ ARRIVAL TIME: \_\_\_\_\_

YOU WILL NEED TO REPORT TO: \_\_\_\_\_ PARKWEST HOSP. (MAIN ENTRANCE)

\_\_\_\_\_ FT. LOUDOUN HOSP. REGISTRATION (ER/ Reg. Desk)

LATE ARRIVAL MAY RESULT IN UP TO A TWO-HOUR DELAY FOR YOUR PROCEDURE.

### PRE-PROCEDURE INSTRUCTIONS:

1. BEGINNING ON \_\_\_\_\_ YOU MAY HAVE BREAKFAST FOLLOWED BY CLEAR LIQUIDS FOR THE REMAINDER OF THE DAY.
2. MEDICATIONS:
  - IF YOU HAVE SPECIFIC MEDICAL PROBLEMS SUCH AS SEVERE HIGH BLOOD PRESSURE OR ANGINA, YOU MAY TAKE YOUR MORNING PILLS WITH A SMALL SIP OF WATER EARLY ON THE DAY OF YOUR TEST. IF YOU HAVE ANY QUESTIONS REGARDING OTHER MEDICATIONS PLEASE CALL THE OFFICE.

#### 7 DAYS PRIOR:

Trulicity  
Ozempic  
Mounjaro  
Bydureon bcise  
Byetta  
Victoza, Saxenda  
Adlyxin  
Rybelsus

#### MEDICATIONS TO STOP PRIOR TO PROCEDURE

##### 7 DAYS PRIOR:

Aspirin  
Effient  
Fish Oil

##### 5 DAYS PRIOR:

Iron Supplements  
Coumadin  
Warfarin  
Brilinta  
Plavix

##### 3 DAYS PRIOR:

Pradaxa  
Eliquis  
Savaysa  
Xarelto

##### 2 DAYS PRIOR:

Ibuprofen  
Naproxen  
Meloxicam  
Anti-inflammatory

3. BRING SOMEONE ALONG WITH YOU TO DRIVE YOU HOME.

- YOU WILL BE SEDATED BEFORE THE EXAMINATION. WHILE MOST OF THE EFFECTS OF THE MEDICINE WILL WEAR OFF PRIOR TO YOUR DISCHARGE, WE CANNOT LET YOU LEAVE UNACCOMPANIED. YOU WILL NOT BE ABLE TO DRIVE THE REMAINDER OF THE DAY.

IF YOU HAVE ANY QUESTIONS OR HAVE AN EMERGENCY ON THE DAY OF YOUR EXAM PLEASE CALL OUR OFFICE AT 865-539-5372 OPTION 2. PLEASE ALLOW AT LEAST **48 HOURS** NOTICE ON CANCELLATIONS OR RESCHEDULING OF PROCEDURE APPOINTMENTS.

\*\*\*PLEASE BRING I.D., INS. CARDS AND LIST OF CURRENT MEDICATIONS WITH YOU\*\*\*

PLEASE LEAVE ALL VALUABLES AT HOME

**OVER**