

# ZEST CAFE

WEEK OF MONDAY APRIL 22

## CAFE HOURS

MONDAY - FRIDAY 7AM - 3PM  
SATURDAY - SUNDAY 8AM-2PM

## MANAGERS

GM: Amber Colburn 492-5553

 Wellness

 Plant Based


 Vegan

 Vegetarian

Before placing your order, please inform your server if you have a food allergy

## MONDAY

**ENTREE** Baked Chicken & Noodles  
Grilled Ham & Cheese Sandwich

**SIDES** Mashed Potatoes   
Green Beans    
Roasted Root Vegetables  

## TUESDAY

**ENTREE** Hearty Beef Stew  
Baked BBQ Chicken

**SIDES** Au Gratin Potatoes   
Roasted Brussels Sprouts   
Buttered Corn  

## WEDNESDAY

**ENTREE** Classic Meat Lasagna  
Cajun Pork Loin

**SIDES** Roasted Tomatoes   
Herbed Potato Casserole   
Fried Okra   
Green Peas 

## THURSDAY

**ENTREE** Sloppy Joe  
Chicken and Dumplings

**SIDES** Baked Wedge Fries    
Fresh Baby Tri Color Carrot with Tops  
Fresh Zucchini 

## FRIDAY

**ENTREE** Parmesan Crusted Tilapia  
Shepherd's Pie

**SIDES** Mixed Vegetables    
Grilled Yellow Squash    
Collard Greens  