

/ BREAKFAST

Cereals & Grains

Cheerios | Corn Flakes
Rice Krispies | Total Raisin Bran
Apple Cinnamon Cream Of Wheat
Oatmeal | Grits

Bakery

Banana Muffin | Blueberry Muffin

Fruit

Seasonal Fruit

Grill

Bacon | Breakfast Potatoes
Cinnamon French Toast | Buttermilk Pancakes
Red Potato Hash | Scrambled Eggs
Sausage Link | Turkey Sausage Patty

/ LUNCH & DINNER

Soup

Chicken Noodle | SR Chicken Noodle
Tomato | SR Tomato
Vegetable | SR Vegetable
Cream of Chicken

Salad

BBQ Chicken | Chicken Caesar
Side Salad

Sandwich

BLT | Chicken Salad | Tuna Salad
BYO Choices: Deli Turkey | Ham
Cheese: American | Cheddar | Swiss
Bread: White Bread | Wheat Bread or GF Bun

Entrées

Texas Style Beef Sandwich
Lemon Baked Cod
BYO 6" Pizza: Pepperoni | Sausage
Mushroom | Onion | Peppers

Grill

Deluxe Hamburger
Grilled Chicken Sandwich
Grilled Cheese on Texas Toast
Black Bean Burger with Lettuce, Tomato on
Brioche

Dessert

Strawberry Shortcake Mug Cake
Chocolate Layer Cake
Sugar Cookie | Chocolate Chip Cookie
Ice Cream: Chocolate | Vanilla | Strawberry
NSA Ice Cream: Chocolate | Vanilla
Butter Pecan
Orange Sherbet

/ BEVERAGES

FRESH

BREWED
COFFEE
regular
decaf

TEA

sweet
unsweet
hot

JUICE

apple
cranberry
grape
orange
prune

MILK

skim | 2%
chocolate

HOT COCOA

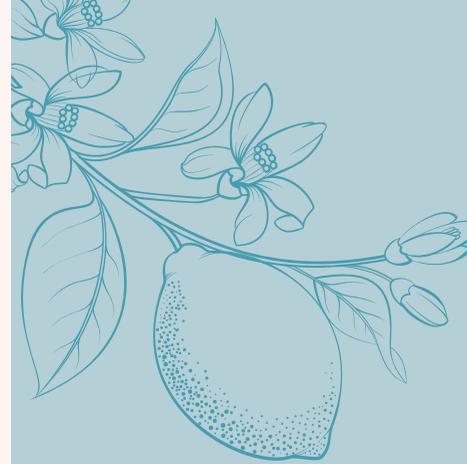
regular
sugar free

SODA

assorted coke & pepsi
products

OTHER

bottled water
powerade zero berry blast



MENU

HOURS

7 am - 6:30 pm
7 days a week

TO PLACE YOUR ORDER

A patient dining associate will visit after breakfast to take your lunch order and will visit again after lunch to take you dinner and breakfast choice for the next day.

Orders can be taken over the phone.

To contact a patient dining associate please call 865-316-2400 between 7 AM and 6 PM

Guest trays are \$5, including the tax, and can be ordered by calling patient dining.



Please scan QR code for digital menu copy and patient education resources.

Breakfast trays will be served at 8:00-8:30 AM,
lunch at 12:00-12:30 PM
and dinner at 5:00-5:30 PM.





Your diet, like your medication, is an important part of your treatment and may speed your recovery. You will receive the diet ordered by your doctor, who may transition your diet through your stay.



/ DAILY SPECIALS

SUNDAY

BREAKFAST

Classic American Breakfast
scrambled egg, bacon, breakfast potatoes

LUNCH

Roasted Turkey
roasted turkey, gravy, mashed potatoes, herb green beans

DINNER

Chicken Pot Pie
chicken, peas, green beans, creamy sauce, puff pastry, steamed broccoli

MONDAY

BREAKFAST

Breakfast Skillet
homestyle potatoes, peppers & onions, scrambled egg, sausage link

LUNCH

Texas-Style Beef Sandwich
open faced beef sandwich, balsamic onions, mashed potatoes, broccoli

DINNER

Smothered Pork Chop
pork chop, mushroom gravy, potato wedges, lemon pepper carrots

TUESDAY

BREAKFAST

Ham & Cheese Egg Bite
ham & cheese egg bite, red potato hash, sausage link

LUNCH

Smokehouse BBQ Pork
pulled pork, mac & cheese, red cabbage slaw, honey-kissed cornbread

DINNER

Cajun Chicken Pasta
blackened chicken, rotini, peppers & onions, mushrooms, cream sauce

WEDNESDAY

BREAKFAST

Classic American Breakfast
scrambled egg, bacon, breakfast potatoes

LUNCH

Chicken Piccata
chicken piccata, mashed potatoes, seasoned green beans

DINNER

Beef Burgundy
braised beef, herb citrus crunch, rosemary polenta, caramelized carrots & pearl onions

THURSDAY

BREAKFAST

Breakfast Skillet
homestyle potatoes, peppers & onions, scrambled egg, sausage link

LUNCH

Homestyle Meatloaf
smashed potatoes, ranch broccoli, gravy

DINNER

Tomato Basil Chicken
tomato basil chicken, italian sautéed vegetables, parmesan

FRIDAY

BREAKFAST

French Toast Bread Pudding
baked cinnamon spiced brioche, bacon

LUNCH

BBQ Chicken
baked chicken, kansas city bbq sauce, mashed sweet potatoes, green beans

DINNER

Roasted Pork
roasted pork, demi glace, au gratin potatoes, green beans

SATURDAY

BREAKFAST

Biscuit & Gravy
buttermilk biscuit, scrambled egg, country gravy

LUNCH

Rotisserie Chicken
roasted chicken, mashed potatoes, green beans

DINNER

Jumbo Italian Meatball
jumbo meatball, rotini, marinara, side salad