

CLAIBORNE MEDICAL CENTER

2024-2026 COMMUNITY HEALTH NEEDS ASSESSMENT IMPLEMENTATION PLAN

Identified Community Needs:

1. Substance Abuse Disorder
2. Mental Health Access
3. Diabetes
4. Obesity

Implementation Strategy to Address Needs:

1. Substance Abuse Disorder

- **Peninsula Drug Treatment Program**
 - Claiborne Medical Center can now refer patients to Peninsula's Medication Assistance Treatment program through the Center's Outpatient Services for Substance Abuse. This program offers specialized medications and intensive therapy to treat substance disorders.
- **Community Drug Coalitions**
 - Claiborne Medical Center will continue to support our multi-disciplinary coalitions to address substance abuse issues in Claiborne County. These coalitions include Stand in the Gap, the Claiborne Community Coalition, and the Claiborne County Opioid Board.
- **Opioid Lite Program**
 - Claiborne Medical Center's Emergency Department is participating in a Covenant Health system-wide initiative to curb the use of hospital-prescribed opioids. Physicians are using non-opioid drugs when indicated for pain management, during treatment, and at discharge.
 - Claiborne Medical Center works in conjunction with other community resources, including the McNabb Center and the Claiborne County Opioid Board to address opioid issues.

2. Mental Health Access

- **Behavioral Health Services Expansion**

- Psychiatric consult service is now being provided for patients in the Emergency Department and for inpatients at Claiborne Medical Center via tele-video through Peninsula Behavioral Health.
- Claiborne Medical Center's patients can be referred to Cherokee Health Systems which is located 4.4 miles away from the hospital, or to the McNabb Center Mobile Health Clinic, which serves Claiborne County.
- Covenant Health is using Foundation funding to offer supportive psychiatric social services to patients in the system's hospital Emergency Departments. This project began in the second quarter of 2021.

3. Diabetes

- **Free Community Education Classes/Workshops**

- Claiborne Medical Center will provide at least two "Lunch and Learn" community education programs yearly on diabetes and other healthy living topics.
- Claiborne Medical Center provides chronic disease education (e.g., diabetes) in conjunction with the Claiborne County Health Council and its partners. This includes programs such as "Take Charge of Your Diabetes" and "Reversing Diabetes."

- **Sponsor and Participate in Community Health Fairs**

- Claiborne Medical Center will sponsor and participate in community health fairs to provide low- or no-cost access to screenings (including blood sugar screenings) for a variety of audiences, including senior citizens and the local labor force.

4. Obesity

- **Covenant Kids Run**

- Each year, as part of the Covenant Health Knoxville Marathon, children in kindergarten through 8th grades participate in the Covenant Kids Run. Participants work on completing 26.2 miles of activity with the final mile taking place on race day of the marathon. The intent of the program is to get youth to engage in physical activity and develop healthy habits. Claiborne Medical Center and Covenant Health's marketing department will coordinate with Claiborne County Schools to encourage participation.

- **Promote Healthy Activities**

- Continue partnership with the Claiborne Health Council and its members to promote healthy activities for students and families such as the Annual Race for School Health, Walk Across Tennessee, and other activities.
- Claiborne Medical Center will sponsor a Spring community walking program in partnership with the Claiborne County Health Council and Change Claiborne.