

# 2025 Innovative Recreation Cooperative Summer Events.

## Saturday, April 5

River Sports Climbing Center  
Catalyst Sports Adaptive  
Climbing  
10 a.m. to Noon

## Saturday, April 5

Covenant Health  
Knoxville Marathon  
Kids Run, 5:30 to 7 p.m.  
5K Run, 7 to 8 p.m.

## Sunday, April 6

Covenant Health  
Knoxville Marathon  
Handcycling and Road Racing

## April 7 through April 10

Camp Koinonia  
Handcycling

## Thursday, April 10

Power Soccer  
Christenberry Community Ctr  
Knoxville Parks & Recreation  
6 to 8 p.m.

## Thursday, April 17

Power Soccer  
Christenberry Community Ctr  
Knoxville Parks & Recreation  
6 to 8 p.m.

## Saturday, April 19

Catalyst Sports MTB Cycling  
Baker Creek's Trail  
10 a.m. to Noon

## Monday, April 21

Marksmanship  
Trap & Plinking  
ORSA  
12:30 to 4:30 p.m.

## Friday, April 25

Knoxville Smokies Opening  
Covenant Health Park

## Saturday, May 3

Catalyst Sports Adaptive  
Climbing  
River Sports Climbing Ctr  
10 a.m. to Noon

## Thursday, May 8

Wheelchair Basketball  
Christenberry Community Ctr  
Knoxville Parks & Recreation

## Thursday, May 15

Wheelchair Basketball  
Christenberry Community Ctr  
Knoxville Parks & Recreation

## Saturday, May 17

Catalyst Sports MTB Cycling  
Baker Creek's Trail  
10 a.m. to Noon

## Tuesday, May 20

Adaptive Golf  
Dead Horse Lake Golf Club

## IRC Event Registration

### Contact:

Al Kaye at 865-331-1353 or  
akaye@covhlth.com

## Power Soccer in Christenberry Center Registration

### Contact:

dalexander@knoxvilletn.gov  
865-687-6321

Move United Chapter  
Catalyst Sports  
catalystsports.org/knoxville

All events have limited registration. We work on a first come first serve basis and take reservations beginning two weeks prior to an event. Some activities require clearance from a physician to participate due to the nature of the event for safety reasons. The IRC holds the right to cancel events due to safety concerns such as changes in the weather. Dates are subject to change due to resources and weather.



# 2025 Innovative Recreation Cooperative Summer Events.

## Thursday, May 22

Wheelchair Basketball  
Christenberry Community Ctr  
Knoxville Parks & Recreation

## Saturday, June 7

Water Sports Day  
Douglas Lake Ward Point  
10 a.m. to 4 p.m.

## Saturday, June 7

Catalyst Sports Adaptive Climbing  
River Sports Climbing Ctr  
10 a.m. to Noon

## Saturday, June 14

Paddling  
Catalyst Sports at Cove Park  
6 to 8 p.m.

## Saturday, June 21

Water Skiing Fun  
Festival of Friends  
Lenoir City Park

## Monday, June 23

Paddling Cove Park  
Catalyst Sports

## Thursday, June 26

Dollywood Splash Country  
Water Safety Day

## Saturday, July 12

Adventure Amputee  
Kids Camp  
Fontana Lake

## Saturday, July 12

Cove Park  
Catalyst Sports  
10 a.m. to Noon

## Wednesday, July 23

Cove Park  
Catalyst Sports  
6 to 8 p.m.

## Saturday, August 2

SPARC Sports Festival  
Soddy Daisy

## Saturday, August 9

Cove Park  
Catalyst Sports  
10 a.m. to Noon

## Tuesday, August 12

Regal Cinemas  
Patricia Neal Golf Classic  
Holston Hills Country Club  
Knoxville

## Saturday, August 16

Water Sports Day  
Kingston City Park &  
Recreation

## Monday, August 25

Paddling Cove Park  
Catalyst Sport  
10 a.m. to Noon

## IRC Event Registration

### Contact:

Al Kaye at 865-331-1353 or  
akaye@covhlth.com

## Power Soccer in Christenberry Center Registration

### Contact:

dalexander@knoxvilletn.gov  
865-687-6321

## Move United Chapter Catalyst Sports

[catalystsports.org/knoxville](https://catalystsports.org/knoxville)

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