

2025 IRC Fall Events

Thursday, September 11

Wheelchair Basketball
Christenberry Center
6 to 8 p.m.
Knoxville Parks & Recreation

Saturday, September 13

Access Life Event
Shady Grove Church
Dandridge, TN
2 to 4 p.m.

Saturday, September 13

Paddling
Concord Cove Park
10 a.m. to Noon
Catalyst Sports

Wednesday, September 17

Adaptive Golf
Dead Horse Lake Golf Course

Thursday, September 18

Wheelchair Basketball
Christenberry Center
6 to 8 p.m.
Knoxville Parks & Recreation

Saturday, September 20

Adaptive Mountain Biking
Baker's Creek Preserve
10 a.m. to Noon
Catalyst Sports

Sunday, September 21

Marksmanship
ORSA

Monday, September 22

Paddling
Concord Cove Park
6 to 8 p.m.
Catalyst Sports

Thursday, September 25

Wheelchair Basketball
Christenberry Center
6-8 PM
Knoxville Parks & Recreation

Thursday, October 2

Wheelchair Basketball
Christenberry Center
6 to 8 p.m.
Knoxville Parks & Recreation

Saturday, October 4

Adaptive Climbing
River Sports Outfitters
10 .m. to Noon.
Catalyst Sports

Saturday, October 11

Kayak Paddling
Concord Cove Park
10 a.m. to Noon
Catalyst Sports

Saturday, October 18

Adaptive Mountain Biking
Baker's Creek Preserve
10 a.m. to Noon
Catalyst Sports

Friday, October 31 & Saturday, November 1

AMBC Fall Fest Knoxville

Saturday, November 1

Adaptive Climbing
R10 a.m. to Noon.
Catalyst Sports

Tuesday, December 2

Adaptive Climbing
River Sports Outfitters
10 a.m. to Noon.
Catalyst Sports

Saturday, December 6

Adaptive Scuba
UT-K HPER Pool
9 a.m. to Noon

The IRC holds the right to cancel events due to safety concerns such as changes in the weather. Dates are subject to change due to resources and weather.

All events have limited registration. We work on a first come first serve basis and take reservations beginning two weeks prior to an event. Some activities require clearance from a physician to participate due to the nature of the event for safety reasons.

IRC Event Registration Contact:

Al Kaye at 865-331-1353 or akaye@covhlth.com

Power Soccer in Christenberry Center Registration Contact:

dalexander@knoxvilletn.gov or 865-687-6321

Move United Chapter Catalyst Sports

catalystsports.org/knoxville

