

# 2025 Innovative Recreation Cooperative Events

## **Saturday, Jan 4, 10a-Noon**

Adaptive Climbing at River Sports  
Catalyst Sports

## **Saturday, Jan 18, 10a-Noon**

Catalyst Sports MTB Cycling  
Baker's Creek Trail

## **Mon-Thurs, Jan 27-30**

43rd Move United  
Catalyst Sports  
Learn to Ski/Snowboard  
Beech Mountain Ski Resort, NC

## **Saturday, Feb. 1, 8a-10a**

Covenant Health Kids Run  
Knoxville Zoo

## **Saturday, Feb. 1, 10a-Noon**

Adaptive Climbing at River Sports  
Catalyst Sports

## **Thursday, Feb. 6**

Wheelchair Basketball  
Christenberry Community Center  
Knoxville Parks and Recreation

## **Thursday, Feb. 13**

Wheelchair Basketball  
Christenberry Community Center  
Knoxville Parks and Recreation

## **Saturday, Feb. 15, 10a-Noon**

Catalyst Sports MTB Cycling  
Baker's Creek Trail

## **Thursday, Feb. 20**

Power Soccer  
Christenberry Community Center  
Knoxville Parks and Recreation

## **Sat-Mon, Feb. 22-24**

Knoxville Sled Hockey Tourney  
Knoxville Civic Coliseum

## **Thursday, Feb. 27**

Power Soccer  
Christenberry Community Center  
Knoxville Parks and Recreation

## **Saturday, Mar. 1, 10a-Noon**

Adaptive Climbing at River Sports  
Catalyst Sports

## **Thursday, Mar. 6**

Power Soccer  
Christenberry Community Center  
Knoxville Parks and Recreation

## **Thursday, Mar. 13**

Power Soccer  
Christenberry Community Center  
Knoxville Parks and Recreation

## **Saturday, Mar. 15, 10a-Noon**

Catalyst Sports MTB Cycling  
Baker's Creek Trail

## **Wednesday, Mar. 19**

Wheelchair Basketball  
Christenberry Community Center  
Knoxville Parks and Recreation

## **Wednesday, Mar. 26**

Wheelchair Basketball  
Christenberry Community Center  
Knoxville Parks and Recreation

### **IRC Event Registration Contact:**

Al Kaye at 865-331-1353 or  
akaye@covhlth.com

### **Power Soccer Christenberry Center**

#### **Registration Contact:**

dalexander@knoxvilleitn.gov or  
865-687-6321

### **Move United Chapter Catalyst Sports**

[catalystsports.org/knoxville](https://catalystsports.org/knoxville)

All events have limited registration. We work on a first come, first serve basis and take reservations beginning two weeks prior to an event. Some activities require clearance from a physician to participate due to the nature of the event for safety reasons. The IRC holds the right to cancel events due to safety concerns such as changes in the weather. Dates are subject to change due to resources and weather.

