

2024 Innovative Recreation Cooperative Events

Fridays, Feb. 16, & 23

Power Soccer
Christenberry Community Center
Knoxville Parks & Recreation

Saturday, Feb. 17

Catalyst Sports MTB Cycling
Baker Creek Trail

Friday, Feb. 23 - Sunday, Feb. 25

Knoxville Sled Hockey Tournament
Knoxville Civic Coliseum

Saturday, Mar. 2

Catalyst Sports Adaptive Climbing
River Sports Climbing Center
10 a.m. - Noon

Saturday, Mar. 16

Catalyst Sports MTB Cycling
Baker Creek Trail

Tuesdays, Mar. 19 & 26

Wheelchair Basketball
Christenberry Community Center
Knoxville Parks & Recreation

Fridays, Apr. 5, 19 & 26

Wheelchair Basketball
Christenberry Community Center
Knoxville Parks & Recreation

Saturday, Apr. 6

Catalyst Sports Adaptive Climbing
River Sports Climbing Center
10 a.m. - Noon

Sunday, Apr. 7

Covenant Health Knoxville Marathon
Handcycling and Road Racing

Monday, Apr. 15 - Thursday, Apr. 18

Camp Koinonia
Handcycling

Fridays, May 3, 10 & 17

Wheelchair Basketball
Christenberry Community Center
Knoxville Parks & Recreation

Tuesday, May 14

Paddling
Cove Park
6 p.m. - 8 p.m.

IRC Event Registration Contact:

Al Kaye at 865-331-1353 or
akaye@covhlth.com

Power Soccer Christenberry Center

Registration Contact:

dalexander@knoxvilletn.gov or
865-687-6321

Move United Chapter Catalyst Sports

catalystsports.org/knoxville

All events have limited registration. We work on a first come, first serve basis and take reservations beginning two weeks prior to an event. Some activities require clearance from a physician to participate due to the nature of the event for safety reasons. The IRC holds the right to cancel events due to safety concerns such as changes in the weather. Dates are subject to change due to resources and weather.

