

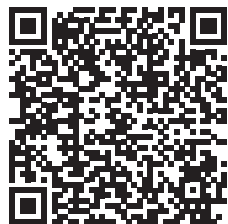
# Post-Concussion Program

**A comprehensive outpatient treatment program for individuals of all ages following a concussion**

A concussion is a traumatic brain injury that is caused by a sudden blow or impact to the head. Symptoms of a concussion may be brief or may linger for months, or longer.

The goal of the Patricia Neal Outpatient Center Post-Concussion Program is to reduce the long-term effects of concussion and allow patients to return to work, school, recreation and sports safely.

To learn more about the Post-Concussion Program, call **865-331-2819** or scan the QR code below to visit our website.



## **ABOUT THE PROGRAM:**

Therapists at the Patricia Neal Outpatient Center provide comprehensive treatment to patients following a concussion. Using a multidisciplinary approach, patients are treated by a team of rehabilitation specialists in speech pathology, physical therapy, occupational therapy and clinical psychology using the behavioral medicine model.

A referral from a physician is required. Once an order is received, the appropriate clinicians evaluate the patient to identify cognitive, language, balance, vision and psychological conditions, and a personalized treatment plan is then developed for each patient.

## **PARTICIPATION:**

- Evaluation and treatment from the appropriate rehabilitation specialists
- Physician orders should specify Post-Concussion Program and the therapy requested.
  - Speech Therapy: language/cognition
  - Physical Therapy: vestibular/balance/vision
  - Occupational Therapy: fine motor/activities of daily living
  - Behavioral Medicine: neuropsychological evaluation/insomnia/post-traumatic stress disorder/depression/etc.
- Our admission coordinators check insurance
- Insurance covers most initial evaluations

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