

# Lung Nodule Program



Covenant Health Fort Sanders Regional is the first hospital in East Tennessee to utilize robotic-assisted bronchoscopy technology. Patients with a lung nodule(s) are referral candidates.

Patients in our region have a significantly higher rate of new lung cancer diagnoses compared to the national average. Our program supports a patient-centric approach with a designated nurse navigator to help support individualized care plan outcomes and provide referring physicians progress updates.

## BENEFITS OF ROBOTIC SURGERY FOR LUNG NODULES:

- Smaller incisions
- Reduced scarring
- Shorter length of stay
- Less blood loss
- Less pain
- Improved accuracy
- Faster recovery
- Lower risk of infection
- Less anesthesia

## OUR TEAM



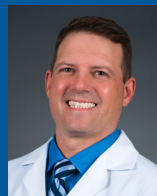
**Dr. Varun Shah**  
Interventional Pulmonologist  
Lung Nodule and Endobronchial Therapy Director



**Dr. Shannon Byrd**  
Pulmonologist



**Dr. Ronald Estes**  
Pulmonologist



**Dr. David Graham**  
Cardiothoracic Surgeon

## REFER YOUR PATIENT, RECEIVE UPDATES ON CARE

**Tara Novosel, BSN**  
Lung Nodule Nurse Navigator  
865-331-1364  
tnovosel@covhlth.com



For more information, scan the code or visit [CovenantHealth.com/Fort-Sanders-Regional/Lung-Nodule-Program](https://CovenantHealth.com/Fort-Sanders-Regional/Lung-Nodule-Program)

# Why Choose Our Lung Nodule Program?



- **Multidisciplinary Approach:** Our team of experienced pulmonologists, radiologists, surgeons, and oncologists collaborate seamlessly to provide comprehensive evaluation and management of lung nodules.



- **State-of-the-Art Technology:** Equipped with cutting-edge imaging technology, including high-resolution CT scans, and ION Robotic Navigational Bronchoscopy, a robotic-assisted bronchoscopy platform for minimally invasive peripheral lung biopsy, we ensure accurate and precise treatment of even the smallest nodules.



- **Tailored Treatment Plans:** We understand that every patient is unique. Our team crafts individualized treatment plans, considering nodule characteristics, patient history, and preferences, to achieve the best possible outcomes.



- **Streamlined Referral Process:** Our user-friendly referral process ensures a seamless transition of your patients to our program. We value your time and commitment, so we've made collaboration effortless.



- **Patient-Centric Approach:** Our nurse navigator assists in communication and patient education, empowering individuals to actively participate in their healthcare decisions, and fostering trust and peace of mind.

## Refer a Patient:

Tara Novosel, BSN  
Lung Nodule Nurse Navigator  
865-331-1364 | [tnovosel@covhlth.com](mailto:tnovosel@covhlth.com)

Learn more:  
[CovenantHealth.com/Fort-Sanders-Regional/Lung-Nodule-Program](https://CovenantHealth.com/Fort-Sanders-Regional/Lung-Nodule-Program)

