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What is Holiday Lights for Health?

Our annual Holiday Lights campaign raises money for the Hospitality Houses of Methodist Medical Center, which provide temporary lodging for patients and families who travel to Oak Ridge for extended medical treatment. This campaign is a unique opportunity to help our patients and their families when they need it most and pay tribute to the important people in your life during the holiday season.

How does my gift make a difference?

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Your donation touches the lives of our guests, who find lodging, food, rest and most of all, companionship for the journey as they deal with stressful times and difficult diagnoses. These services are provided free of charge at our Hospitality Houses, thanks to your generous support.

How can I honor someone with my gift?

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A Holiday Lights donation is a wonderful way to honor friends, loved ones, and colleagues during this season of giving. We'll share your generosity by sending special honorarium or memorial cards to whomever you designate when you make your gift. Simply use the form attached to this brochure to list your tributes. Holiday Lights for Health You can make a difference in our

2023

You can make a difference in our community, while remembering family members, friends and employees during the holiday season.

Proceeds benefit the patients and families of





"A safe, secure feeling"

For their 50th wedding anniversary, Keith and Kathy Forrester, from West Tennessee, planned on making 2023 a year of celebratory travel, starting with trips to Mexico and Nashville. As avid hikers, their third trip in late March was a planned hike in the Great

Smoky Mountains; however, fate had other plans when Keith began having sudden chest pain. They were eight hours from home, but fortunately, they were close to excellent care.

After an initial visit to the nearest ER at LeConte Medical Center, Keith was transferred to Methodist Medical Center in Oak Ridge and placed under the care of board-certified cardiovascular surgeon Carlos Martinez, MD.

"I prayed that the cardiac cath would show minimal blockage with only a stent or two needed, and we would be on our way back home," said Kathy. "But there was substantial blockage which required quadruple bypass surgery. Dr. Martinez was so kind and answered questions and communicated the process from the beginning to end. We never felt uncomfortable or fearful."

Comfort also came in the form of free lodging close to the hospital where Kathy could rest and still be minutes from her husband's bedside. The Hospitality Houses became her home away from home until Keith was strong enough to travel.

"What a safe, secure feeling,"

recalled Kathy. "Our daughter was

able to stay with me the day of the

God send. I think of this time in our

life often - the staff, the nurses, the

hospital chaplain, Dr. Martinez, and

even Robert, who helped order my

surgery, which was a God send. Yes, the Hospitality Houses were a



Keith and Kathy Forrester

"I don't speak of this time in our lives much to others - it was a personal journey few could relate to. God took care of my husband Keith and me that Easter week of 2023. I felt the presence of Christ, and I am a stronger Christian because of our 'Oak Ridge Landing.' Thank you for your Hospitality Houses ministry!"

lunch tray every day.

Donation Options

- **\$10 provides snacks for guests**
- \$25 pays for taxi rides to radiation treatments
- **5**50 provides clean linens for a week
- \$100 covers a month's utilities for an apartment
- \$250 makes nutritional supplements available for guests in treatment
- \$500 houses a cancer patient for the course of treatment
- **1** \$1,000 stocks the pantries for a year
- 🗇 \$1,500 sponsors four families for a month

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 My check payable to MMC Foundation is enclosed Please charge my credit card 				
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We will post recognition online. You can also donate online at mmcoakridge.com/lights.

Mail completed form and donation to: MMC Foundation 280 Fort Sanders West Blvd., Suite 202 Knoxville, TN 37922

For more information, call 865-531-5208.

If you do not want to receive any further communication about supporting Methodist Medical Center, please call 865-531-5208 to notify us of your request. Please provide your name, address and phone number. There is no requirement that you agree to accept fundraising communication from us, and we will honor your request after the date we receive your decision.