Clenpiq Prep

The entire day before your procedure, you will be on a clear liquid diet. Do not eat any solid foods. A list of acceptable liquids is below for your reference. Please stay hydrated all day and drink liquids up until midnight the night before your test. After midnight do not have anything else by mouth, except the second dose of your prep, until after your procedure has been completed

Allowed Clear Liquids -

· Water

· Clear broths - beef or chicken

· Light-colored juices such as apple, white grape or cider

· Gatorade, Powerade, Kool-aid and Crystal Light

· Light-colored sodas such as Sprite, ginger ale, lemon-lime (No dark colors such as Coke or Pepsi)

· Tea, with no creamers

· Coffee, with no creamers

· Lemon-lime or orange Jell-O only

· Italian ices, light colors only

· Popsicles, plain and light colors only (No fruit, cream, or other dairy products)

· Salt, pepper, sugar and artificial sweeteners may be used

Liquids NOT Allowed -

· Milk, cream or milkshakes of any kind whether liquid or powdered

· Non-dairy creamers

· Tomato-based juices

· Anything red, purple or blue

· Anything questionable (If you are not sure whether an item is allowed, please opt not to drink it)

The day before your procedure:

At 5:00pm drink 1 bottle of Clenpiq (do not mix with anything)

Drink 5 8oz cups (40oz) or more of clear liquids over the next 5 hours

The morning of your procedure:

At 12:00am▼

(6 hours before your procedure) drink the other bottle of Clenpiq

Drink 4 8oz cups (32oz) or more of clear liquids over the next 3 hours

Please do not consume anything else by mouth until after the procedure