

Patient Name _____



Discharge Instructions for VNS Battery/Generator Replacement

Report to physician

1. Redness or swelling of incision
2. Chills or fever GREATER THAN 101.5 (a temperature elevation in is normal within 24-72 hours after surgery).
3. Drainage or bleeding from incision lasting greater than 5 days.
4. Excessive pain or tenderness at incision site

Wound Care

1. You may shower or take a tub bath after surgery. YOU MAY WASH YOUR HAIR WITH A MILD SHAMPOO SUCH AS BABY SHAMPOO. *Please consult the doctor **prior** to hair coloring or receiving a permanent.*
2. You may remove the clear dressing (op-site) one week after surgery.
3. If after dressing is removed there is some drainage, cleanse incision three times daily with hydrogen peroxide and cover with a light gauze dressing.
4. It is normal to experience numbness and some incisional pain.

Activity

1. Driving: No driving of a motor vehicle for at least one month post-operatively. The Dr. will specify if you are to have further driving restrictions.
2. Your activity should consist of short walks and your normal routine to tolerance. Please consult Dr. regarding participation in any special activities.
3. No lifting over 20 pounds for at least 8 weeks, unless otherwise directed.

Post-operative Visit

Please contact office when discharged from hospital to make an appointment for 10-14 days after surgery.

Post-op Appointment Date and Time: _____