



Discharge Instructions for Carotid Surgery

Report to physician

1. Redness or swelling of incision
2. Chills or fever
3. Drainage or bleeding from incision
4. Excessive pain or tenderness at incision site

Wound Care

1. You may shower or take a tub bath after surgery.
2. You may remove the clear dressing (op-site) one week after surgery.
3. If after dressing is removed there is some drainage, cleanse incision three times daily with peroxide and cover with a light gauze dressing.
4. It is normal to experience numbness, incision pain, sore throat, hoarseness or difficulty swallowing. These symptoms usually improve within a few weeks after surgery.

Activity

1. Driving: No driving of a motor vehicle for at least two weeks post-operatively. The Dr. will specify if you are to have any further driving restrictions.
2. Your activity should consist of short walks and your normal routine to tolerance. Please consult your Dr, regarding participation in any special activities.
3. No lifting over 10 pounds for at least 8 weeks, unless otherwise directed.

Post-operative Visit

Please contact office when discharged from hospital to make a suture removal appointment for 3-4 weeks after surgery.

Post-op Appointment Date and Time: _____

Patient Name: _____