

Physicians Plaza
988 Oak Ridge Turnpike, Suite 200
Oak Ridge, Tennessee 37830

865-483-4366

_____, M.D.

COLONOSCOPY PROCEDURE Suprep Instructions

Date of Procedure: _____

Where: _____ Endoscopy Center, Suite 220, Physicians Plaza, next to the office at _____

_____ MMC Hospital Out-Patient department at _____

THE DAY BEFORE YOUR PROCEDURE: DATE: _____

- You may have clear liquids only for breakfast, lunch and dinner (see attached).
No solid food is to be eaten.

THE EVENING BEFORE YOUR PROCEDURE: DATE: _____ TIME: _____

- **Step 1:** On the evening before your procedure, pour one 6 ounce bottle of SUPREP liquid into the provided mixing container.
- **Step 2:** Add cool drinking water to the 16 ounce line of the container and mix.
- **Step 3:** Drink all the liquid in the container.
- **Step 4:** You must drink two more 16 ounce containers of plain water over the next hour.

THE MORNING OF YOUR PROCEDURE: DATE: _____ TIME: _____

- Repeat steps 1 through 4 using the other 6 ounce bottle of SUPREP.
- **YOU MUST FINISH BOTH CONTAINERS OF PLAIN WATER.**
- **DO NOT EAT OR DRINK ANY OTHER LIQUIDS AFTER _____.** Your doctor will tell you when you can eat or drink again after your procedure.

To alleviate rectal irritation due to the use of your prep, use A&D ointment or Vaseline around the rectum prior to your first dose and reapply as needed.

Clear Liquid Diet — See Attached

Medication Instructions and Important Information — See Attached