## LECONTE MEDICAL CENTER

# 2021-2023 COMMUNITY NEEDS ASSESSMENT IMPLEMENTATION PLAN

# **Identified Community Needs:**

- 1. Mental Health
- 2. Adult and Childhood Obesity
- 3. Substance Abuse
- 4. Health Education

# Implementation Strategy to Address Needs:

#### 1. Mental Health

#### Behavioral Health Services Expansion

- Psychiatric consultation service is now being provided for patients in the Emergency
   Department and for inpatients at LeConte Medical Center via tele-video through Peninsula Behavioral Health.
- LeConte's patients can be referred to Peninsula's Outpatient Psychiatric Clinic, which is located less than a mile away from the hospital.
- O LeConte Medical Center, with funding support from the Covenant Health Office of Philanthropy, will implement in 2021 an Emergency Department Diversion Program. A team of medical and behavioral specialists would conduct a behavioral assessment and develop a treatment plan to meet the identified needs. An outreach specialist would follow up with patients to oversee the implementation plan.

## 2. Adult and Childhood Obesity

#### Covenant Kids Run

Each year, as part of the Covenant Health Knoxville Marathon, children in kindergarten through 8th grades participate in the Covenant Kids Run. Participants work on completing 26.2 miles of activity with the final mile taking place on race day of the marathon. The intent of the program is to get youth to engage in physical activity and develop healthy habits. LeConte Medical Center, the Knoxville Track Club and Covenant Health's marketing department will coordinate with Sevier County Schools to encourage

participation. Due to COVID delays the Kids Run, which is usually held in spring, will be in October of 2021.

#### Walk Across the Smokies - Community Hikes

 LeConte Medical Center will sponsor a series of Spring and Fall community hikes, led by Missy Kane. This is an on-going collaboration with the Friends of the Smokies organization.

#### 3. Substance Abuse

#### Peninsula Drug Treatment Program

LeConte Medical Center can now refer patients to Peninsula's Medication Assistance
Treatment program through the Center's Outpatient Services for Substance Abuse. This
program offers specialized medications and intensive therapy to treat substance abuse
disorders.

#### Cherokee Health Navigator Program

 LeConte Medical Center has an agreement with Cherokee Health via a grant program to provide counseling and resources for overdose patients, both inpatient and in the Emergency Department.

#### **HEAL Coalition**

- LeConte Medical Center will continue to support this multi-disciplinary coalition to address the incidence of Neonatal Abstinence Syndrome in Sevier County.
- O LeConte Medical Center will continue to support its Women's Recovery Support Group for women dealing with addiction. The group is held each Monday at the medical center.

#### **Opioid Lite Program**

- LeConte Medical Center's Emergency Department is participating in a Covenant Health system-wide initiative to curb the use of hospital-prescribed opioids. Physicians are prescribing non-opioid drugs when indicated for pain management during treatment and at discharge.
- LeConte Medical Center works in conjunction with other community resources, including Helen Ross McNabb and Sevier County Alcohol and Drug Education to address substancerelated issues, including tobacco use.

## 4. Health Education

## **Dollywood Partnership**

 LeConte Medical Center is a member of Covenant Health, which is the health partner for Dollywood, Sevier County's largest employer. LeConte periodically provides speakers for Dollywood's safety team.

#### Cardiac Rehab Education

o LeConte Medical Center also provides cardiac rehabilitation education.

## **Community Stroke Education**

- o LeConte Medical Center provides chronic disease education (e.g., diabetes) in conjunction with University of Tennessee Agricultural Extension agents.
- o LeConte's stroke coordinator regularly provides stroke education to the community.