

CUMBERLAND  
MEDICAL CENTER

This Week's Events

CAFE HOURS

Monday thru Friday  
6:30 am - 9:30 am  
11:00 am - 2:30 pm

MANAGERS

Melissa Bryant  
Medardo Ambriz  
Clark Gray



Mindful



Plant Based



Vegan



Vegetarian

Before placing your order, please inform  
your server if you have a food allergy



Chowders & Chilis

Soups

MONDAY

- Tomato Soup & Grilled Cheese  
Stuffed Chicken Breasts  
Country Fried Steak & Pepper Cream Gravy
- Steamed Sliced Carrots
- Au Gratin Potatoes
- Mashed Potatoes  
Southern Green Beans

TUESDAY

- Chicken Tortilla Soup  
Traditional Beef Nachos  
Nachos Supreme with Chicken

WEDNESDAY

- Signature Broccoli Cheese Soup  
 Parmesan Chicken Breast  
 Spaghetti with Meat Sauce  
 Garlic Breadstick
- Oven Roast Garlic Red Potatoes
- Italian Vegetable Blend
- Fresh Roasted Balsamic Brussels Sprouts

THURSDAY

- Garden Vegetable Soup  
Pecan & Maple Glazed Pork  
Balsamic Grilled Flank Steak  
 Mashed Potatoes
- Corn
- California Mixed Vegetables
- Au Gratin Potatoes

FRIDAY

- Garden Vegetable Soup  
 Brunswick Stew  
Grilled Teriyaki Salmon
- Cajun Spiced Roasted Potatoes
- Steamed Broccoli  
Golden Rice Pilaf
- Cumin Roasted Cauliflower & Carrots

SATURDAY