

Cumberland Medical Center

Chowders & Chilis

Soups

April 6 thru April 10, 2026

CAFE HOURS

Monday thru Friday
6:30 am - 9:30 am
11:00 am - 2:30 pm

MANAGERS

Melissa Bryant-Foodservice & EVS
Director
Medardo Ambriz-Executive Chef
Clark Gray-Operations Manager









 Mindful  Plant Based

 Vegan  Vegetarian









Before placing your order, please inform your server if you have a food allergy






MONDAY

Roast Poblano White Cheddar Soup
 Grilled Balsamic Chicken Breast
Campbell's Stuffed Peppers
 Country Mashed Potatoes
   Broccoli with Garlic & Lemon
   California Mixed Vegetables
Scalloped Potatoes

TUESDAY

Roast Poblano White Cheddar Soup
 Parmesan Caesar Chicken Breast
Bacon Wrapped Pork Loin
   Roasted Asparagus
Golden Rice Pilaf
 Country Mashed Potatoes
   Corn




WEDNESDAY

 Grilled Huli Huli Chicken
Beef and Broccoli Stir-Fry
   Steamed White Rice
   Sugar Snap Peas
 Vegetable Egg Roll
  Roasted Carrots
 Fried Rice

THURSDAY

Chopped Beef Steak with Onions
Pork Carnitas Rice Bowl
 Country Mashed Potatoes
Baked Macaroni and Cheese
   Steamed Green Beans
Philly Cheesesteak Sandwich

FRIDAY

Chili with Beans
Pulled Bbq Pork
Chili Cheese Dog
Pepperoni Calzone
  Jalapeno Cheese Nachos
 Coleslaw
Baked Beans

SATURDAY