



TLC AT PARKWEST: “The Lactation Club”

- Who:** Mothers and babies
- What:** A lactation support group
- When:** Every Thursday
2 p.m. - 4 p.m.
- Where:** Holston Classroom
(Physician’s Plaza-2nd Floor)
- How:** Register for TLC by calling the
Call Center at 865-374-PARK (7275)

It’s important to register for TLC meetings so that we can keep you informed of the location in case it changes.

Directions: Holston Classroom is located on the second floor of the Physician’s Plaza Building. The address is 9330 Parkwest Boulevard, Knoxville, TN 37923.

Jan. 12 class will be held in the main hospital, Ocoee Room, down the hall from the Childbirth Center.

Breastfeeding or pumping mothers bring your babies for information on how to handle any challenges you are facing. A Lactation Consultant and/or Registered Nurse will be available to check latch technique, help with proper positioning and breast care and answer any questions you may have. Join us to support other new moms, share experiences, and learn useful tips.



TreatedWell.com