KNOX PEER SUPPORT ACADEMY OCTOBER 2025 IN-PERSON CALENDAR Feel Free to Call, Text, or Email Dave Murray (865) 660-3041 dmurray2@covhlth.com NO CHARGE FOR PEER SUPPORT MONDAY TUESDAY WEDNESDAY THURSDAY **FRIDAY** 2 3 OCT 1 Route B Route A Route B **NAMI Walk Center Closed Center Closed** Sunday Oct 5 Forgiveness – Letting Go Forgiveness – Letting Go 1 pm - 4 pm **Recovery Education Recovery Education Limited Transportation Avail** Open Center 12pm-3pm 12pm-3pm 9 7 Route A 10 Route A 8 Route B Route B Zoom Group 0. -Route A PETTING ZOO and PUMPKIN 1:00 PM - 2:30 PM Route A **Building a Wellness Building a Wellness** PATCH WITH OTHER Meeting ID: 912 7720 2944 Forgiveness – Letting Go **Toolbox** Toolbox **CENTERS** Passcode: 691356 **Recovery Education Arts and Crafts Arts and Crafts** Sevierville Open Center 1pm-4pm 11:30-3:30 11:30-3:30 12pm-3pm 14 Route A and B 15 Route B 16 17 Route A Zoom Group Route B Route A 1:00 PM - 2:30 PM Staff Meeting Meeting ID: 912 7720 2944 **UNITED HEALTHCARE** Passcode: 691356 @ BPSA **Outing to PUTT-PUTT Outing to PUTT-PUTT**

Open Center 1pm-4pm 1-3 PM 12-4PM 12-4PM 23 20 21 22 24 Route B Route B HALLOWEEN PARTY W/ OTHER **Center Closed Center Closed Center Closed CENTERS @BPSA BYOL CPRS Conference CPRS Conference Dimensions of Wellness** Nashville, TN 12-4PM Nashville, TN 27/30 27 26 28 Route A 29 Route A and B Zoom Group Route A **Center Closed** Route B **TMHCA** 1:00 PM - 2:30 PM **E TN Historical Society** 2025 East TN Conference **E TN Historical Society** Meeting ID: 912 7720 2944 "In My Recovery Era" 12-3 Passcode: 691356 12-3 6700 Jubilee Center Open Center 1pm-4pm 10 am to 2 pm

All activities will be at the Knoxville Location at 1451 Dowell Springs Blvd., TN 37909 Unless otherwise indicated

Please Note: Schedule subject to change

INSTRUCTIONS ON HOW TO SIGN UP FOR ACTIVITES AND HOW TO REQUEST TRANSPORTATION OR ARE AS FOLLOWS.

*** On Fridays we will open if at all possible, please call me first before coming. Some days we may be out in Community past the times indicated

OUR GROUPS ARE OFFERED FREE OF CHARGE TO ANYONE OVER THE AGE OF 18 WHO LIVES WITH A DIAGNOSABLE MENTAL HEALTH CONDITION OR PAST OR PRESENT SUBSTANCE USE DISORDER

HOW TO PARTICIPATE IN PERSON

We will provide transportation <u>when available</u> no less than one time per week to each participating member living in Sevier county. After you have chosen the group you would like to attend you may drive in or request help with transportation. Assistance with transportation may be limited to receiving a bus pass.

Barring inclement weather, dates with a symbol will have additional transportation assistance available. To obtain transportation, please call or text Dave at 865-660-3041 by 5pm Monday before an outing (which happens on Wednesday). Leave a message with your name and number and that you would like to be picked up. Someone will call or text you before transportation begins for your group to confirm transport. We must have a completed registration form before we are able to transport you. For some groups/events, prior sign-up for van transportation will be required. These groups are marked on the calendar.

Before you attend:

- Please make sure you are clean and free of strong odor. Also, some of our members have allergies to perfumes and colognes.
- Please note that our facilities are Non Smoking Facilities.
- Please refrain from inappropriate clothing with foul language, references to drugs or alcohol, and negative statements. Please make sure all clothing appropriately covers your body. No spaghetti straps or "sagging" will be permitted in our facilities.
- No photography or videotaping is permitted on Peninsula or Peer Support property. This is a violation of our confidentiality



