

BLOUNT PEER SUPPORT ACADEMY

NOVEMBER 2025

IN-PERSON CALENDAR

Feel Free to Call, Text, or Email David Berry at: 865-556-7961 dberry2@covhlth.com No charge for peer support.

ZOOM Meeting ID: 912 7720 2944 Passcode:691356 COVENANTHEALTH.COM/PENINSULA/PEER-SUPPORT-ACADEMIES/

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4 Route B 	5	6	7
Open Center 11-3 PM Zoom Group 1pm-2pm	GOOD HYGIENCE PRACTICES PEER SUPPORT RULES 11-3 PM	CENTER CLOSED	CENTER CLOSED	ZOOM GROUP 1-2PM CENTER CLOSED Outreach
10 Route A 	11 Route B 	12	13	14
LUNCH CHECK IN HEALTHY EATING HABITS 11- 3 PM	LUNCH CHECK IN HEALTHY EATING HABITS 11- 3 PM	CENTER CLOSED	Center Closed Staff Meeting	ZOOM GROUP 1-2PM CENTER CLOSED Outreach
17 Route A 	18 Route B 	19	20 Route A&B 	21
Lunch Check In Crest Bowling 11am-3pm	Lunch Check In Crest Bowling 11am-3pm	CENTER CLOSED	THANKSGIVING DINNER @BPSA ALL CENTERS 	ZOOM GROUP 1-2PM CENTER CLOSED Outreach
24 Route A 	25 Route B 	26	27	28
BENEFITS OF JOURNALING WALK AND TALK 11-3PM	BENEFITS OF JOURNALING WALK AND TALK 11-3PM	CENTER CLOSED	CENTER CLOSED FOR HOLIDAY	CENTER CLOSED FOR HOLIDAY

All activities will be at the 2347 Jones Bend, Louisville, TN 37777 Unless otherwise indicated
INSTRUCTIONS ON HOW TO SIGN UP FOR ACTIVITIES AND HOW TO REQUEST TRANSPORTATION OR ARE AS FOLLOWS.

Please Note: Schedule Subject to Change

OUR GROUPS ARE OFFERED FREE OF CHARGE TO ANYONE OVER THE AGE OF 18 WHO LIVES WITH A DIAGNOSABLE MENTAL HEALTH CONDITION OR PAST OR PRESENT SUBSTANCE USE DISORDER

HOW TO PARTICIPATE IN PERSON

CENTER HOURS ON GREY BANNER WITH THE DATES ON THE FRONT OF THIS SHEET. YOU MAY ALSO REFER TO THE WEBSITE AT COVENANTHEALTH.COM/PENINSULA/PEER-SUPPORT-ACADEMIES/

We will provide transportation when available, no less than one time per week to each participating member living in Blount County. After you have chosen the group you would like to attend, you may drive in or request help with transportation.



Barring inclement weather, dates with a  symbol will have additional transportation assistance available. To obtain transportation, please call or text **DAVID, (865)556-7961** between 9pm Friday and 9pm Sunday. Leave a message with your name and number and that you would like to be picked up. Someone will call you before transportation begins for your group to confirm transport. We must have a completed registration form before we are able to transport you. **For some groups/events, prior sign-up for van transportation will be required. These groups are marked on the calendar.**

*****Requirement: Everyone must call in or text before outings and/or coming into the center, to tell David that you are coming, In the case group is cancelled or there's any changes.**

Before you attend:

- Please make sure you are clean and free of strong odor. Also, some of our members have allergies to perfumes and colognes.
- Please note that our facilities are Non Smoking Facilities.
- Please refrain from inappropriate clothing with foul language, references to drugs or alcohol, and negative statements. Please make sure all clothing appropriately covers your body. No spaghetti straps or "sagging" will be permitted in our facilities.
- No photography or videotaping is permitted on Peninsula or Peer Support property. This is a violation of our confidentiality policy.



NO-COST SERVICES MADE AVAILABLE THROUGH A GRANT FROM THE



Department of
**Mental Health &
Substance Abuse Services**