





BLOUNT PEER SUPPORT ACADEMY

APRIL 2024

IN-PERSON CALENDAR

Feel Free to Call, Text, or Email **Eric Poulsen** at: 865-680-7682 epoulsen@covhlth.com **No charge for peer support.**

Class or activity description

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
Peer Support Center Open 9am-12pm Principles of WRAP (Maryville Housing Residents Only)	Peer Support Center Open 9am-4pm Crafts 12pm-2pm 	Cades Cove 12pm-2pm 	Center Closed- Feel free to connect through our zoom meetings. See the zoom meeting calendar.	Center Closed- Feel free to connect through our zoom meetings. See the zoom meeting calendar.
8	9	10	11	12
Peer Support Center Open 9am-12pm Solar Eclipse Viewing at the Park 12pm-4pm	Peer Support Center Open 9am-4pm Game Day 12pm-2pm 	Paint Your Own Pottery 12pm-2pm 	Center Closed- Feel free to connect through our zoom meetings. See the zoom meeting calendar.	Center Closed- Feel free to connect through our zoom meetings. See the zoom meeting calendar.
15	16	17	18	19
*Peer Support Center Open 9am-12pm *Principles of WRAP (Maryville Housing Residents Only) 1pm-2pm	Peer Support Center Open 9am-4pm Exercise at the Park 12pm-2pm 	McClung Museum 12pm-2:00pm 	Center Closed- Feel free to connect through our zoom meetings. See the zoom meeting calendar.	Center Closed- Feel free to connect through our zoom meetings. See the zoom meeting calendar.
22	23	24	25	26
*Peer Support Center Open 9am-12pm *Principles of WRAP (Maryville Housing Residents Only) 1pm-2pm	Peer Support Center Open 9am-4pm UT Softball Game 5:30pm-7:30pm 	Exercise at the Park 12pm-2pm 	Center Closed- Staff Meeting	Center Closed- Feel free to connect through our zoom meetings. See the zoom meeting calendar.
29	30	1	2	3
*Peer Support Center Open 9am-12pm *Principles of WRAP (Maryville Housing Residents Only) 1pm-2pm	Peer Support Center Open 9am-4pm Nutrition Class at the Center 12pm-2pm 	Bowling 12pm-2pm 	Center Closed- Feel free to connect through our zoom meetings. See the zoom meeting calendar.	Center Closed- Feel free to connect through our zoom meetings. See the zoom meeting calendar.

All activities will be at the 2347 Jones Bend, Louisville, TN 37777 Unless otherwise indicated

INSTRUCTIONS ON HOW TO SIGN UP FOR ACTIVITIES AND HOW TO REQUEST TRANSPORTATION OR ARE AS FOLLOWS.

OUR GROUPS ARE OFFERED FREE OF CHARGE TO ANYONE OVER THE AGE OF 18 WHO LIVES WITH A DIAGNOSABLE MENTAL HEALTH CONDITION OR PAST OR PRESENT SUBSTANCE USE DISORDER


HOW TO PARTICIPATE IN PERSON

Please Note: Schedule Subject to Change

DROP-IN CENTER HOURS ON GREY BANNER WITH THE DATES ON THE FRONT OF THIS SHEET.

We will provide transportation *when available*, no less than one time per week to each participating member living in Blount County. After you have chosen the group you would like to attend you may drive in or request help with transportation. Assistance with transportation may be limited to receiving a gas card.



Barring inclement weather, dates with a  symbol will have additional transportation assistance available. To obtain transportation, please call or text Lucius 865-363-7586 between 9pm Friday and 9pm Sunday. Leave a message with your name and number and that you would like to be picked up. Someone will call you before transportation begins for your group to confirm transport. We must have a completed registration form before we are able to transport you. **For some groups/events, prior sign-up for van transportation will be required. These groups are marked on the calendar.**

*****Requirement: Everyone must call in or text before outings and/or coming into the center to tell Lucius that you are coming. In case group is cancelled or there any changes. Thank you, Lucius**

Before you attend:

- Please make sure you are clean and free of strong odor as some of our members have allergies to perfumes and colognes.
- Please note that our facilities are Non Smoking Facilities.
- Please refrain from inappropriate clothing with foul language, references to drugs or alcohol, and negative statements. Please make sure all clothing appropriately covers your body. No spaghetti straps or "sagging" will be permitted in our facilities.
- No photography or videotaping is permitted on Peninsula or Peer Support property. This is a violation of our confidentiality policy.



NO-COST SERVICES MADE AVAILABLE THROUGH A GRANT FROM THE

