BLOUNT PEER SUPPORT ACADEMY		DECEMBER 2025	IN-PERSON CALENDAR	
Feel Free to Call, Text, or Email David Murray at: 865-660-3041 dmurray22@covhlth.com No charge for peer support.				
Covenanthealh.com/peninsula/peer-support-academies				
ZOOM MEETING ID: 912 7720 2944 Passcode: 691356 Monday 1-2:30				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
Route 12:00-2:30 Movie at Center	Route 12:00-2:30 Emotional Myths	CENTER CLOSED	CENTER CLOSED	CENTER CLOSED
8	9	10	11	12
Route 12:00-2:30 Financial Wellness	Route 12:00-2:30 2 nd Harvest	CENTER CLOSED	CENTER CLOSED	CENTER CLOSED
15	16	17	18	19
Route 12:00-2:30 Game Day at Center	Route 12:00-2:30 Foothills Mall	CENTER CLOSED	CENTER CLOSED Staff Meeting	CENTER CLOSED
22	23	24	25	26
Route 12:00-2:30 The Four Agreements	Route 12:00-2:30 Bowling	Center Closed Holiday	Center Closed Holiday	Center Closed Holiday
29	30	31	January 1	2
Route 12:00-2:30 Resolutions/Goals	Route 12:00-2:30 Journaling	CENTER CLOSED	Center Closed Holiday	

All activities will be at the 2347 Jones Bend, Louisville, TN 37777 Unless otherwise indicated

INSTRUCTIONS ON HOW TO SIGN UP FOR ACTIVITES AND HOW TO REQUEST TRANSPORTATION OR ARE AS FOLLOWS.

OUR GROUPS ARE OFFERED FREE OF CHARGE TO ANYONE OVER THE AGE OF 18 WHO LIVES WITH A DIAGNOSABLE MENTAL HEALTH CONDITION OR PAST OR PRESENT SUBSTANCE USE DISORDER

HOW TO PARTICIPATE IN PERSON

Please Note: Schedule Subject to Change

We will provide transportation <u>when available</u> no less than one time per week to each participating member living in Blount county. After you have chosen the group you would like to attend you may drive in or request help with transportation.

Barring inclement weather, dates with a symbol will have additional transportation assistance available. To obtain transportation, please call or text Dave at 865-660-3041 **by 5pm Monday** before an outing (which happens on Wednesday). Leave a message with your name and number and that you would like to be picked up. Someone will call you before transportation begins for your group to confirm transport. We must have a completed registration form before we are able to transport you. For some groups/events, prior sign-up for van transportation will be required. These groups are marked on the calendar.

Before you attend:

- Please make sure you are clean and free of strong odor. Also, some of our members have allergies to perfumes and colognes.
- Please note that our facilities are Non Smoking Facilities.
- Please refrain from inappropriate clothing with foul language, references to drugs or alcohol, and negative statements. Please make sure all clothing appropriately covers your body. No spaghetti straps or "sagging" will be permitted in our facilities.
- No photography or videotaping is permitted on Peninsula or Peer Support property. This is a violation of our confidentiality



NO-COST SERVICES MADE AVAILABLE THROUGH A GRANT FROM THE

