

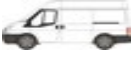



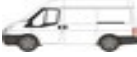





Feel Free to Call, Text, or Email **Stephen Yang** at: 865-680-7682 syang@covhlth.com **No charge for peer support.**

Please Note: Schedule Subject to change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31	29	30	1	2
Zoom Group 11:30-12:30 Meeting ID: 912 7720 2944 Passcode: 691356	Movie @ Center 12:30-3:30 	Movie @ Center 12:30-3:30 	Closed Center For Outreach	Closed Center For Outreach
5	6	7	8	9
Zoom Group 11:30-12:30 Meeting ID: 912 7720 2944 Passcode: 691356	Mother's Day Shopping 12:30-3:30 	Mother's Day Shopping 12:30-3:30 	Closed Center For Outreach	Closed Center For Outreach
12	13	14	15	16
Zoom Group 11:30-12:30 Meeting ID: 912 7720 2944 Passcode: 691356	AMSE 12:30-3:30 	AMSE 12:30-3:30 	Closed Center For Outreach	Closed Center For Outreach
19	20	21	22	23
Zoom Group 11:30-12:30 Meeting ID: 912 7720 2944 Passcode: 691356	Memorial Day Preparations 12:30-3:30 	Memorial Day Preparations 12:30-3:30 	Closed Center For Outreach	Closed Center For Outreach
26	27	28	29	30
Closed for Memorial Day	Movie @ Center Check-in 12:30-3:30 	Movie @ Center Check-in 12:30-3:30 	Staff Meeting in Morning Closed Center For Outreach	Closed Center For Outreach

All activities will be at the 1451 Dowell Springs Rd, Knoxville TN Unless otherwise indicated

INSTRUCTIONS ON HOW TO SIGN UP FOR ACTIVITIES AND HOW TO REQUEST TRANSPORTATION IS ON BACK OF THIS CALENDAR.


OUR GROUPS ARE OFFERED FREE OF CHARGE TO ANYONE OVER THE AGE OF 18 WHO LIVES WITH A DIAGNOSABLE MENTAL HEALTH CONDITION OR PAST OR PRESENT SUBSTANCE USE DISORDER

HOW TO PARTICIPATE IN PERSON

DROP-IN CENTER HOURS WITH THE DATES ON THE FRONT OF THIS SHEET.

We will provide transportation when available, no less than one time per week to each participating member living in Knox County. After you have chosen the group you would like to attend you may drive in or request help with transportation. Assistance with transportation may be limited to receiving a gas card.



Barring inclement weather, dates with a  symbol will have additional transportation assistance available. To obtain transportation, please call or text **Stephen 865-680-7682** between 9pm Friday and 9pm Sunday. Leave a message with your name and number and that you would like to be picked up. Someone will call you before transportation begins for your group to confirm transport. We must have a completed registration form before we are able to transport you. **For some groups/events, prior sign-up for van transportation will be required. These groups are marked on the calendar.**

*****Requirement: Everyone must call in or text before outings and/or coming into the center to let Stephen know that you are coming, in case group is cancelled or there are any changes.**

Before you attend:

- Please make sure you are clean and free of strong odor as some of our members have allergies to perfumes and colognes.
- Please note that our facilities are Non Smoking Facilities.
- Please refrain from inappropriate clothing with foul language, references to drugs or alcohol, and negative statements. Please make sure all clothing appropriately covers your body. No spaghetti straps or “sagging” will be permitted in our facilities.
- No photography or videotaping is permitted on Peninsula or Peer Support property. This is a violation of our confidentiality policy.



NO-COST SERVICES MADE AVAILABLE THROUGH A GRANT FROM THE

