

## 2023 Fall Events Schedule

September 23  
Paddling at Covenant Health  
Catalyst Sports  
9-11A

September 25  
Marksmanship  
ORSA  
1-5:30P

September 28  
Power Soccer  
Christenberry Center  
6-8P

October 7  
Climbing at River Sports  
Catalyst Sports  
10A – Noon

October 10  
Paddling at the Cove  
Catalyst Sports  
6-8P

October 18  
Adaptive Golf  
Volunteer Training  
Dead Horse Lake GC

October 19  
Adaptive Golf  
Dead Horse Lake GC  
10A- 5P

October 21  
Cycling at Baker Creek  
Catalyst Sports

October 28  
Paddling at the Cove  
Catalyst Sports  
9-11A

November 3-5  
Adaptive Mountain Bike  
Catalyst Sports

November 4  
Climbing at River Sports  
Catalyst Sports  
10A – Noon

To Register for an IRC event, contact  
Al Kaye at 865-331-1353 or email:  
[akaye@covhlthl.com](mailto:akaye@covhlthl.com)

To Register for Power Soccer in Christenberry  
Center Knoxville, contact:  
[dalexander@knoxvilletn.gov](mailto:dalexander@knoxvilletn.gov)  
865-687-6321

To Register for a Move United Chapter:  
Catalyst Sports event, contact:  
<https://catalystsports.org/locations-2/knoxville/>

All events have limited registration. We work on a first come first serve basis and take reservations beginning two weeks prior to an event. Some activities require clearance from a physician to participate due to the nature of the event for safety reasons. The IRC holds the right to cancel events due to safety concerns such as changes in the weather. Dates are subject to change due to resources and weather.