## Ultrasound



Ultrasound imaging, also called sonography, uses high-frequency sound waves to obtain images of the inside of the body. Benefits of ultrasound include more comprehensive and reliable exam data, faster tests and improved patient comfort. Ultrasound exams do not use radiation.

All sonographers at Cumberland Medical Center are American Registry of Diagnostic Medical Sonography® (ARDMS) registered.

## **Services:**

- Abdominal
- Gynecology
- Obstetrics (limited)
- Vascular
- Small parts (thyroid, testicular, etc.)
- Biopsies and drainages
- Other general ultrasound procedures

## **Exam Information:**

- Arrive 30 minutes prior to your scheduled appointment to register
- Ultrasound Abdomen: you should not have food or drink for eight hours prior to exam
- Ultrasound Pelvic: a full bladder is required, therefore patients are encouraged to drink 40 ounces of fluids prior to exam
- Some exams will require patients to be NPO (without food/drink) in order for the exam to be completed
- If you are diabetic, please contact your ordering provider to determine the safest way to prepare for your exam

## Ultrasound (cont)



Upon arrival, you are registered and escorted to Ultrasound department where you will be asked about your medical history.

Please call (931) 459-7378 if you have questions regarding your exam preparation. A technologist will explain the procedure prior to the exam and help answer questions. If your physician requests copies of your exam, a CD will be provided prior to your discharge. If you have scheduling concerns, please call (931) 459-7040.

\*Results should be available within 48 hours, either through your personal patient portal or your ordering provider