



For questions please
call 374-0457

Cost of class is \$3.00 per class and
you are welcome to drop
in to any class listed on schedule

Please bring a mat, wear stretchy comfortable clothing and proper exercise shoes

MON	TUE	WED	THU	FRI
<p>3</p> <p>Beaver Creek Presbyterian 9:30 Senior Cardio Pam</p> <p>Central Baptist Church 9:00 Tone & Balance Debbie</p> <p>West Park Baptist 9:00 Cardio/Strength/Stretch Nancy</p>	<p>4</p> <p>Central Baptist Church 9:00 Cardio/Strength/Stretch Debbie</p> <p>First Baptist of Clinton 9:15 Cardio/Strength/Stretch Pam</p>	<p>5</p> <p>West Park Baptist 9:00 Cardio/Strength/Stretch Pam</p>	<p>6</p>	<p>7</p> <p>Central Baptist Church 9:00 Cardio/Strength/Stretch Pam</p>
<p>10</p> <p>Beaver Creek Presbyterian 9:30 Senior Cardio Pam</p> <p>Central Baptist Church 9:00 Tone & Balance Debbie</p> <p>West Park Baptist 9:00 Cardio/Strength/Stretch Nancy</p>	<p>11</p> <p>Central Baptist Church 9:00 Cardio/Strength/Stretch Debbie</p> <p>First Baptist of Clinton 9:15 Cardio/Strength/Stretch Pam</p>	<p>12</p> <p>West Park Baptist 9:00 Cardio/Strength/Stretch Pam</p>	<p>13</p>	<p>14</p> <p>Central Baptist Church 9:00 Cardio/Strength/Stretch Pam</p>
<p>17</p> <p>Beaver Creek Presbyterian 9:30 Senior Cardio Pam</p> <p>Central Baptist Church 9:00 Tone & Balance Debbie</p> <p>West Park Baptist 9:00 Cardio/Strength/Stretch Nancy</p>	<p>18</p> <p>Central Baptist Church 9:00 Cardio/Strength/Stretch Debbie</p> <p>First Baptist of Clinton 9:15 Cardio/Strength/Stretch Pam</p>	<p>19</p> <p>West Park Baptist 9:00 Cardio/Strength/Stretch Pam</p>	<p>20</p>	<p>21</p> <p>Central Baptist Church 9:00 Cardio/Strength/Stretch Pam</p>
<p>24 & 31</p> <p>Beaver Creek Presbyterian 9:30 Senior Cardio Pam</p> <p>Central Baptist Church 9:00 Tone & Balance Debbie</p> <p>West Park Baptist 9:00 Cardio/Strength/Stretch Nancy</p>	<p>25</p> <p>Central Baptist Church 9:00 Cardio/Strength/Stretch Debbie</p> <p>First Baptist of Clinton 9:15 Cardio/Strength/Stretch Pam</p>	<p>26</p> <p>West Park Baptist 9:00 Cardio/Strength/Stretch Pam</p>	<p>27</p>	<p>28</p> <p>Central Baptist Church 9:00 Cardio/Strength/Stretch Pam</p>