

Covenant Medical Group
Health History Form

Patient Name: _____ Date of Birth: _____ Date of Service: _____

Please answer all questions, it is important for your health and our records.

Occupation/Employer: _____

In your own words, describe your problem and what brings you into our office today?

Infection Disease Screening:

Infectious Disease Risk Factors/Symptoms: (circle what applies)

| | | |
|-------------------|-----|----|
| Chills | Yes | No |
| Fatigue | Yes | No |
| Fever | Yes | No |
| Headache | Yes | No |
| Muscle Pain | Yes | No |
| Vomiting | Yes | No |
| Weakness/Numbness | Yes | No |

Have you or a family member traveled outside the US within the last 30 days? (circle what applies)

Yes, Patient
Yes, Family Member
Yes, Patient and Family Member
No
Unable to Obtain
Unable due to cognitive impairment/mental health status

If yes, Location of Travel: _____

Medical History (Please put "C" for Current medical problem or "P" for Past medical problems)

| | | |
|----------------------|--------------------------|--------------------------------|
| Seasonal Allergies | Congestive Heart Failure | Kidney Disease |
| Anemia | Coronary artery disease | Liver Disease |
| Angina (Chest pain) | Crohn's Disease | Meningitis |
| Anxiety | Colitis | Mental/Nervous Disorder |
| Arthritis | Depression | Menopause |
| Atrial Fibrillation | Diabetes | Migraine Headaches |
| Autoimmune disease | Fibrocystic Breasts | Obesity |
| Back pain/injury | Fractured Bones | Osteoporosis |
| Bladder infection | Gallbladder Disease | Pancreatitis |
| Bleeding Tendencies | GERD (Acid Reflux) | Peptic ulcer (stomach ulcer) |
| Blood clot | Glaucoma | Phlebitis (vein inflammation) |
| Blood transfusion | Heart Attack | Pneumonia |
| Cancer_____ | Hemorrhoids | Rheumatic Heart Disease |
| Cancer_____ | Hepatitis (A, B, or C) | Seizure |
| Cancer_____ | High Blood Pressure | Stroke |
| Cataracts | High Cholesterol | Sexually transmitted infection |
| Chronic Lung disease | Irritable bowel disease | Skin disorder |
| Other_____ | Other_____ | Other_____ |

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Allergies: List any Allergies to medication, food or substances and describe the reactions (use back of page if necessary): No known allergies

Medication/other: Allergic reaction:

| | |
|-------|-------|
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |

Current Medications (List all medications, including supplements/vitamins taken)

| Medication | Dose | Directions/Frequency |
|------------|-------|----------------------|
| _____ | _____ | _____ |
| _____ | _____ | _____ |
| _____ | _____ | _____ |
| _____ | _____ | _____ |
| _____ | _____ | _____ |
| _____ | _____ | _____ |
| _____ | _____ | _____ |

Use back of page if you take more medications than this.

Preferred Pharmacy (name and street address): _____

Online or mail in pharmacy if applicable _____

Social History (please circle or fill in answers as indicated)

Marital Status: Single Married Widowed Divorced How Many Children? _____

Tobacco Use: Never
Current everyday tobacco user
Current some day tobacco user
Former tobacco user, quit more than 30 days ago
Refused tobacco status screen
Not screened for tobacco because of cognitive impairment

Type of Tobacco: Cigarettes Cigars Pipe Smokeless Cigarette Spit Tobacco
SNUS Pouches Electronic Cigarettes (Vape)

Use Per Day: _____ Number of Years: _____

Alcohol: Never Used
Denies Use
Past User
Not used since pregnant
Used early in pregnancy
Unable to assess due to cognitive impairment
Current User

Type of Alcohol: Beer Wine Liquor Other: _____

Frequency: _____

Substance Use: Current Past Never

Type of Illegal Substances: _____ Frequency: _____

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Preventative History

Most recent dates for the following (year is ok if you don't know exact dates)

| | |
|-----------------------------|---|
| Last physical _____ | <u>Immunizations</u> (please bring records of all if available) |
| Colonoscopy _____ | Influenza (Flu) _____ |
| Hepatitis C Screening _____ | Pneumovax 23 _____ |
| HIV Screening _____ | Pneumococcal 20 _____ |
| Eye Exam: _____ | Shingrix _____ |
| Provider: _____ | Tetanus _____ |
| Where Performed: _____ | COVID _____ |

Female:

Last pap smear date _____ Result: _____ (normal, required follow up, required colposcopy)

Have you had a Hysterectomy?: yes no If yes what year? _____ Were ovaries removed? _____

Last Mammogram date _____ Result: _____ (normal, required more imaging, required biopsy)

Last DEXA (Bone density): _____ Result: _____ (normal, required medication)

Birth Control Method: Condoms Pills IUD Shots partner vasectomy other _____

Male:

Last PSA date _____ Result: _____ (normal, required follow up, required biopsy)

Abdominal ultrasound date _____

Surgical History (list any surgeries you had, reason for surgery, year and where performed)

No Previous Surgeries

| Surgery | Reason | State/hospital | Year |
|---------|--------|----------------|-------|
| _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ |

Current Providers: (list all specialists and previous primary care provider name and specialty):

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Family Medical History

Please indicate: Mother (M) Father (F) Siblings (S) Child (C) Grandfather (GF) Grandmother (GM)

| Family Member | Medical Problem | Family Member | Medical Problem |
|---------------|------------------------------------|---------------|---------------------------------|
| | ADD/ADHD | | High Blood Pressure |
| | Alcoholism | | High Cholesterol |
| | Seasonal Allergies | | Irritable Bowel Disease |
| | Alzheimer's or Dementia | | Liver Disease |
| | Asthma | | Mental Illness |
| | Blood Disease or Clotting Disorder | | Migraine Headaches |
| | Coronary Artery Disease | | Obesity |
| | Cancer, Type _____ | | Osteoarthritis |
| | Cancer, Type _____ | | Osteoporosis (low bone density) |
| | Cancer, Type _____ | | Peripheral Vascular Disease |
| | Depression | | Renal (kidney) Disease |
| | Developmental Delay | | Seizure Disorder |
| | Diabetes | | Stroke |
| | Eczema | | Other: _____ |
| | Hearing deficiency | | Other: _____ |
| | Heart attack | | Other: _____ |

Any unusual illnesses, early deaths or trends in your family?

Gender Identity and Sexual Orientation:

Do you think of your sexual orientation as: (circle what applies)

Lesbian, Gay, or Homosexual
Straight or Heterosexual
Bisexual
Something else, please describe (by selecting other)
Don't Know
Choose Not to Disclose
Other: _____

What is your current Gender Identity: (circle what applies)

Identifies as Male
Identifies as Female
Female to Male (FTM)/Transgender Male or Female
Male to Female (MTF)/Transgender Female or Male
Genderqueer, neither exclusively Male or Female
Choose Not to Disclose
Other: _____

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Social History

Lives with: (circle what applies)

Alone, Independent
Alone, Needs Assistance
Caregiver
Child(ren)
Family
Father
Friend
Legal Guardian

Mother
Parent(s)
Siblings
Significant Other
Spouse
Unable to Obtain
Other: _____

Lives In: (circle what applies)

Apartment
Facility
Hotel/Motel
Multilevel Home
RV Camper/Motor Home
Shelter
Single Level Home

Split Level Home
Street
Tent
Vehicle
Unknown
Unable to Obtain
Other: _____

Living Situation: (circle what applies)

Assisted Living
Extended Care Facility
Group Home
Home
Homeless
Hospice
Law Enforcement Detention

Nursing Home
Psychiatric Unit
Rehabilitation Unit
Skilled Nursing Facility
Unable to Obtain
Other: _____

Barriers at Home Affecting Care: (circle what applies)

No Barriers Identified
Absence of Family Member
Bug Infestation
Food Insecurity
Inadequate Drinking Water Supply
Lack of Insurance
Lack of Transportation
Narrow Doorways
No Air Conditioning
No Electricity
No Elevator
Absence of Family Member due to Military
Other: _____

No Heat
No PCP
No Phone
No Running Water
No Shower/Tub on 1st Lev
Stairs: External
Stairs: Internal
Unable to Afford Meds
Unemployed
Upstairs Bedroom/Bathroom
Unable to Obtain

Thank you for filling out our form.

Please remember to bring all former immunization records, lab work, and office notes that you have from your previous physician's offices to your first visit. Please also bring all your medications, in their bottles, with you to the visit even if you have filled out the medication paperwork. We want to get to know you as thoroughly and accurately as possible!